

**Buckinghamshire Priorities Committee**  
**Policy Statement: Hallux Valgus (Bunions)**

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Hallux valgus, also known as bunions, can result in pain with limitation of function and mobility, mainly due to pressure from shoes over the medial prominence of the metatarsal head. While conservative management such as orthoses may not always improve the long term outcome, surgical intervention can give significant improvements in patient symptoms and clinical parameters, but is not without risks.

Patients presenting with hallux valgus should be evaluated according to symptomatology:

- Moderate-to-sever persistent pain not adequately relieved by an extended course of non-surgical management
- **AND** clinically significant functional limitation resulting in diminished quality of life
- **AND** radiographic evidence of joint damage