



Keep in touch

The most popular website on the internet is Google. Amongst its many services is its 'Alert' service

Google Alerts are email updates of the latest relevant Google results (web, news, etc.) based on your choice of query or topic.

By setting your alert to search for words like 'NHS, Buckinghamshire, Health and Hospital' you can be emailed whenever a matching news story or web page appears anywhere on the Internet.

How can I access Google Alerts?

1. go to <http://www.google.com/alerts>
2. click on the 'join us'
3. in the box called 'search term' enter the words that you want Google to alert you about
4. check your email to see the results.

Existing Google members can log on straight away.



A guide to new media from
NHS Buckinghamshire



NHS Buckinghamshire has launched a group on the social networking site Facebook to encourage local people to get

more involved in health services.

How can I access Facebook?

1. go to www.facebook.com and click on the 'sign up' button
2. when you have signed up search for 'NHS Buckinghamshire' in the friends section
3. Click on 'add as friend'.



NHS Buckinghamshire now has a channel on the popular video site Youtube.

In the future we hope to have a sizable movie library on local health issues.

How can I access Youtube?

Go to <http://www.youtube.com/nhsbuckinghamshire>



Twitter is an internet service which allows people to communicate and stay connected through the exchange of quick messages of 140 characters or less.

NHS Buckinghamshire has now joined Twitter, this means we can post links to specific sections of our website, such as jobs, news or the minutes of our latest board meeting to anyone who chooses to follow us.

We can also contact our followers with unique up-to-date information (called tweets) on services, meetings and events as well as health campaigns like 'stop smoking'.

Recently we helped local people to stop smoking by sending them a daily tweet to encourage them to stay smoke free.

How can I access Twitter?

1. go to <http://twitter.com/nhsbucks>
2. click on the 'join today' button
3. check your email to see the results.